

Unsere Produkte werden jeden Tag frisch zubereitet und bestehen ausschließlich aus natürlichen und unbearbeiteten Zutaten.

BOWLS & BREAKFAST BITES

🌱 Açaí Bowl

🌿 Açaí Beere, Banane, Beere, Mandel, Kokosplitter, Chia Samen, Granola (A2/A3/A4/H2)

🌱 Mango Bowl

🌿 Mango, Ananas, Kokosplitter, Beere, Banane, Goji Beere, Kokosdrink, Granola (A2/A3/A4)

🌱 Matcha Bowl

🌿 Matcha, Avocado, Spinat, Banane, Goji Beere, Kokosplitter, Chia Samen, Haferdrink, Granola (A2/A3/A4)

🌱 Yo Go Joghurt, Tonkabohne, Granola, Goji Beere (A2/A3/A4/G)

🌱 Quark & Mango Quark, Agavendicksaft und Mango Puree (G)

🌱 Seasonal Fruit

🌱 Vollkorn Chia Croissant mit Butter und Homemade Jam (A2/G)

🌱 Overnight Oats

🌿 Haferflocken, Mandeldrink, Vanille, Joghurt, Fruit (A4/G/H2)

🌱 Oat Porridge

🌿 Haferflocken, Leinsamen, Zimt, Mandelmilch (A4/H2)

ADD ON Banane, Beere, Nuss, Chia, Choco Nibs, Goji Beere

POWERFOOD SMOOTHIES

🌱 Get your green on neu!

🌿 Banane, Avocado, Grünkohl, Ananas, Minze, Limette, Ingwer, Cashewdrink (H3)

🌱 Tropical Smooch

🌿 Ananas, Banane, Kurkuma, Minze, Limette, Kokosdrink

🌱 Immune Booster

🌿 Erdbeere, Rote Bete, Banane, Ingwer, Minze, Leinsamen, Mandeldrink (H2)

🌱 Frog Kiss

🌿 Spinat, Avocado, Banane, Moringa, Agavendicksaft, Minze, Haferdrink (A4)

🌱 Dr Detox

🌿 Avocado, Stangensellerie, Spinat, Gurke, Ingwer, Limette, Minze (I)

🌱 Love Affair

🌿 Blaubeere, Erdbeere, Chia Samen, Agavendicksaft, Banane, Haferdrink (A4)

🌱 Rise and Shine

🌿 Banane, Dattel, Chia Samen, Goji Beere, Zimt, Mandelmus, Leinsamen, Mandeldrink (H2)

POTS

🌱 Kale is King neu!

🌿 Quinoa, Kürbis, Apfel, Mandel, Grünkohl, Cranberry (H2)

🌱 Fall in Love neu!

🌿 Dinkel, Wirsing, Feige, Walnuss, Birne (A1/H1)

🌱 Broccolane neu!

🌿 Chicken, Broccoli, Dattel, Sonnenblumenkern, Granatapfel, Homemade Tahini Dressing (G/K)

🌱 Tabbouleh Bliss

Cous Cous, Kurkuma, Paprika, Petersilie, frischer Minz Joghurt (A1,2/G)

🌱 Lentil Love

Chicken, Beluga Linsen, Apfel, Karotte, Zucchini, Petersilie (I)

🌱 Golden Hour neu!

🌿 Quinoa, Süßkartoffel, Granatapfel, Pflaume, Aprikose, Sprosse, Petersilie, Avocado Cream

🌱 Heartbeet

🌿 Graupe, Rote Bete, Rettich, Ziegenkäse, Sprosse (A/G)

SALADS

🌱 Asia Bowl

Glasnudel, Chicken, Gurke, Karotte, Koriander, Chili, Minze, Homemade Soy Dressing (F/I)

🌱 Bowl of Glory neu!

🌿 Süßkartoffel, Hummus, Kale is King, Pumpkin Passion, Rotkohl, Cashew, Grünkohl, Veggies (A2/K/H5)

🌱 Skinny Salmon

🌿 Wildlachs, Fenchel, Gurke, Dill, Veggies, Mango Dressing (D/I/J)

🌱 Tunamazing neu!

🌿 Tuna, grüne Bohne, Cherry Tomato, Frühlingslauch, Grünkohl, Salatmix, Frische Kräuter (D) Dressing of your choice

🌱 Chicken Supergreen

🌿 Chicken, Avocado, Rucola, Spinat (J) Dressing of your choice

Dressings: 🌱 **BD Dressing** Lemon-Honey-Mustard Dressing (J)

🌱 **Tomato Love** Cherry Tomato, Olivenöl, Weißweinessig

🌱 **Tahini Dream** Tahini, Limette, Joghurt (G/K)

DIPS & BITES

🌱 Hummus Heaven

🌿 Kichererbse, Zitrone, Tahini, Olivenöl, Veggies (K)

🌱 Pumpkin Passion neu!

🌿 Kürbis, Hummus Heaven, Veggies (K)

BREAD Körner, Vollkorn, Dinkel, Chia

BREADS

🌱 Avocado Bread neu!

🌿 Vollkornbrot, Hummus, Avocado, Kurkuma, Rettich (A2)

🌱 Salmon Bread neu!

Vollkornbrot, Frischkäse, Lachs, frische Kräuter (A2/D/G)

WRAPS

🌱 Hoisin Duck neu!

Vollkornwrap Tortilla, Entenbrust, Gurke, Frühlingslauch, Spinat, Homemade Hoisin Sauce (A2/F/H2)

🌱 Hello Salmon (A2/D/I)

🌿 Vollkornwrap Tortilla, Wildlachs, Veggies, Frischkäse, Fenchel, Spinat

🌱 Vegenator

🌿 Vollkornwrap Tortilla, Hummus, Süßkartoffel, Rotkohl, Rucola (A2/K)

🌱 Chicken Guaca

Wrap Tortilla, Guacamole, Spicy Chicken, karamellierte Zwiebel, Paprika (A2)

🌱 Tuna Time

🌿 Wrap Tortilla, Tuna, Gurke, Ingwer, Limette, Chili, Veggies (A2/D/G/I)

🌱 Quinoa it is!

Vollkornwrap Tortilla, Quinoa, Avocado, Feta, Goji Beere, Gurke, Hummus, frische Kräuter (A2/G/K)

SOUPS

🌱 🌿 **Classic Tomato** Tomate, Veggies, Basilikum (I)

🌱 🌿 **Dhal** Rote Linse, Kichererbse, Kokosmilch, Curry, Veggies (I)

Seasonal Soups Saisonales Angebot

ADD ON Geröstete Kichererbse, Feta

DESSERTS

🌱 Lime Cheesecake neu!

🌿 Limette, Quark, Agave, Dinkel Cookie (A1/G)

🌱 Choc Chic

🌿 Avocado, dunkler ungesüßter Kakao, Agavendicksaft, Beere

🌱 Energy Bites

🌿 Dattel, Mandel, Erdnuss, Kokosöl, Kakao (E/F/H2)



SWEETS

- Matcha Lemon Cake** (A1/C) **Banana Bread** (A2/C/H1)
- Carrot Bread** (A2/C/H1) **Black Bean Brownie**
- Dinkel Crumble** *Pflaume* (A1/C/G)

FRESH JUICES

- Classic** *Karotte, Apfel, Ingwer*
- Green** *Apfel, Gurke, Grünkohl*

COFFEE

- Espresso**
- Espresso Macchiato** (G)
- Flat White** (G)
- Cappuccino** (G)
- Americano**
- Milchkaffee** (G)
- Caffé Crema**
- Latte Macchiato / Iced Latte Macchiato** (G)
- Filtercoffee / Iced Filtercoffee**

*Choose your favorite milk.
We've got them all!* Soja / Kokos / Hafer / Mandel / Cashew

HOT & COLD DRINKS

- Black Latte neu!** *Kohle, Ingwer, Kokosdrink*
- Matcha Latte / Iced Matcha Latte** (G)
- Beetroot Latte** *Rote Bete, Ingwer, Sojadrink* (F)
- Golden Milk** *Kurkuma, Ingwer, Zimt, Kokosdrink*
- Homemade Ice Tea** *Lemongrass, Vanille, Beere, Limette*
- Matcha Tea / Iced Matcha Tea**
- Chai Latte** (G)
- Hot Chocolate** (G)
- Hot Infusion Mint / Ginger / Lemon**

LEGENDE

- Powerfood* *Vegan* *Skinny* *Sugarfree*

Allergene: **A** Glutenhaltige Getreide: 1 Dinkel, 2 Weizen, 3 Gerste, 4 Hafer, 5 Kamut / **B** Krebstiere / **C** Eier / **D** Fisch / **E** Erdnüsse / **F** Soja / **G** Milch (Laktose) / **H** Schalenfrüchte: 1 Walnüsse, 2 Mandeln, 3 Cashews, 4 Haselnüsse, 5 Pistazie / **I** Sellerie / **J** Senf / **K** Sesam / **L** Schwefeldioxid, Sulfit / **M** Lupinen / **N** Weichtiere



Thank you.

Für weitere Informationen wenden Sie dich bitte an

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Coming in October!